

Curriculum Vitae
Vesa Ristikangas
15.10.1971

vesa.ristikangas@bomentis.fi

+358 40 5033 110



Executive Coach, Resumé

Vesa challenges individuals and teams creating an influential and productive learning process. Thanks to his 20 + years' training and coaching experience, numerous qualifications and his insightful methods, Vesa can identify the obstacles to development and focus the group's energy onto the collective goal.

Vesa is a Master of Theology and a Bachelor of Business Administration. He is also a certified Coach (PCC/ICF) and Systemic Team Coach (AoEC) and a Psychodrama Director (CP). He is also author of several books related to coaching and leadership.

EDUCATION

- Master's degree in Theology, University of Helsinki, 1996
- Bachelor of Business Administration, Helsinki Business Polytechnic (Helia) 2001
- Dissertation studies (in progress): The University of Tampere

CONTINUING VOCATIONAL TRAINING

- Mastery Coach Training, Coacharya. 2020
- Coaching Assessor training, International Coach Federation, 2017-2018
- Systemic Team Coaching, Academy of Executive Coaching (AoEC), London, 2011-2013
- Group Coaching Intensive, Potentials Realised, Canada, 2011
- Executive Program for Growing Companies. Stanford University, 2009
- Board Member -certificate, Chamber of Commerce, 2009
- Coaching Clinic Licensing Program, CoachU, 2008
- Associate Certified Coach (ACC), The Advanced Coaching Program™ (ACP™), CoachU Org, Singapore, 2008
- Director of Psychodrama, Certified Practitioner of Psychodrama (CP), The Psychodrama Institute of Helsinki, 2000-2006
- Coaching Diploma. The Finnish Coaching Association, 2004
- Supervisor Degree, Finland Moreno Institute, 2002-2004
- Group work specialist (TRO), Psychodrama Institute of Helsinki, 2000-2003
- NLP Practitioner, JTO, 2001
- Change Agent -training program for consultants, University of Helsinki, Institute of Vantaa for Continuing Education, 1999-2001
- Licenced psychotherapist (ET), University of Helsinki, 1996-1999

OTHER CERTIFICATIONS

- Narrative Big Five Certified Practitioner, Claro Leaders Ltd, 2020
- Coaching Leadership Pulse®, Leadership Assessment (CLP®), BoMentis Ltd, 2009
- Peili™ Certified Practitioner, Integro Ltd., 2007
- MBTI® Certified Practitioner, Assessio Ltd, 2005

WORK EXPERIENCE

→ Executive Trainer and Coach since 1998.

- Senior Executive Coach, partner, BoMentis Ltd., 2010-
- CEO, Coaching House Finland 2013-2018
- Senior Partner, Novetos Ltd., 2004-2010
- Leadership Coach, Novetos Ltd., 1998-2004
- Finnish Business & Society, Researcher, 2001-2002
- Special Education Teacher, 10th grade teacher, Vantaa, 1993-2000

MEMBERSHIPS IN PROFESSIONAL NETWORKS

- Finnish Coaching Association (SCY)
- ICF Finland (International Coach Federation) Association
- HENRY registered association (HR-association)
- Finnish Coaching Association
- Psychodrama Directors Association
- Professional writer's association

ICF And OTHER VOLLUNTEER COACHING WORK

- ICF Finland
 - One of the founders of ICF Finland (2008)
 - Vice President 2011, President 2012 and Past President 2013
 - Part of ELM working group in European conferences 2011-2012
- Finnish Coaching Association (SCY), Board Member 2008-2009, 2016-2017
- Finnish Coaching Association of Support Services Ltd, Chairman of the Board: 2008-2013
- Director of Coaching Finland -conference 2008-2013

PUBLICATIONS

- Ristikangas, Vesa & Ristikangas, Marjo-Riitta & Alatalo, Marjut, 2020. Developmental Mentoring. Chamber of Commerce.
- Ristikangas, Vesa & Rinne, Tapani, 2018. Stellar Management Teams. Routledge, London.
- Ristikangas, Vesa & Clutterbuck, David & Manner, Jarmo, 2014. Everyone needs a mentor. Chamber of Commerce.
- Ristikangas, Vesa & Rinne, Tapani, 2014. Stellar Management Teams. Alma Talent.
- Ristikangas, Vesa & Junkkari, Lari, 2011. Conflict Resolution. Co-operation between business owners, board members and directors, 2011. Chamber of Commerce.
- Ristikangas, Marjo-Riitta & Ristikangas, Vesa, 2010. Coaching-based Leadership, Sanoma Pro.
- Ristikangas, Vesa & Aaltonen, Tapio & Pitkänen, Eeva, 2008. From Expert to Leader. Enthusiasm and appreciation to the work of supervisors. Sanoma Pro.
- Ristikangas, Vesa, 2006. Leadership in psychodrama. Kopijyvä.